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# Berry Street Education Model



Trauma-informed positive education strategies

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Every student should have opportunities to develop a regulated body and meet their own needs in healthy ways.



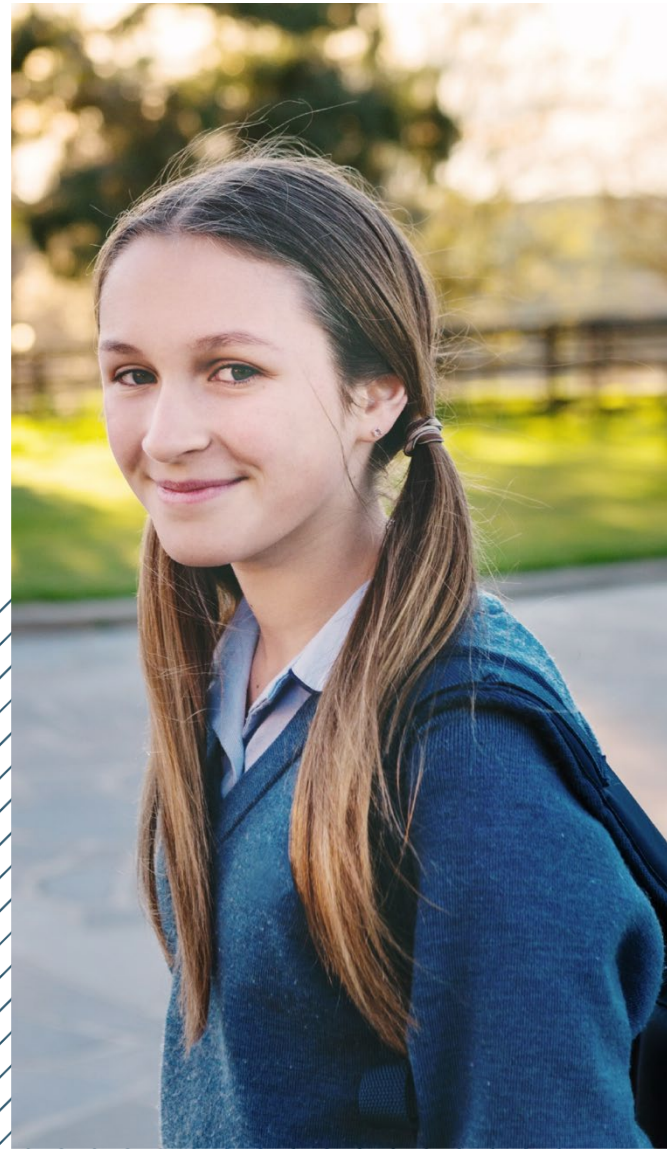
The Berry Street Education Model (BSEM) is a training course that enables educators to increase engagement with students who struggle in the classroom and successfully improve all students' self-regulation, growth and academic achievement.

“BSEM contributed to more than two years learning in one academic year.”

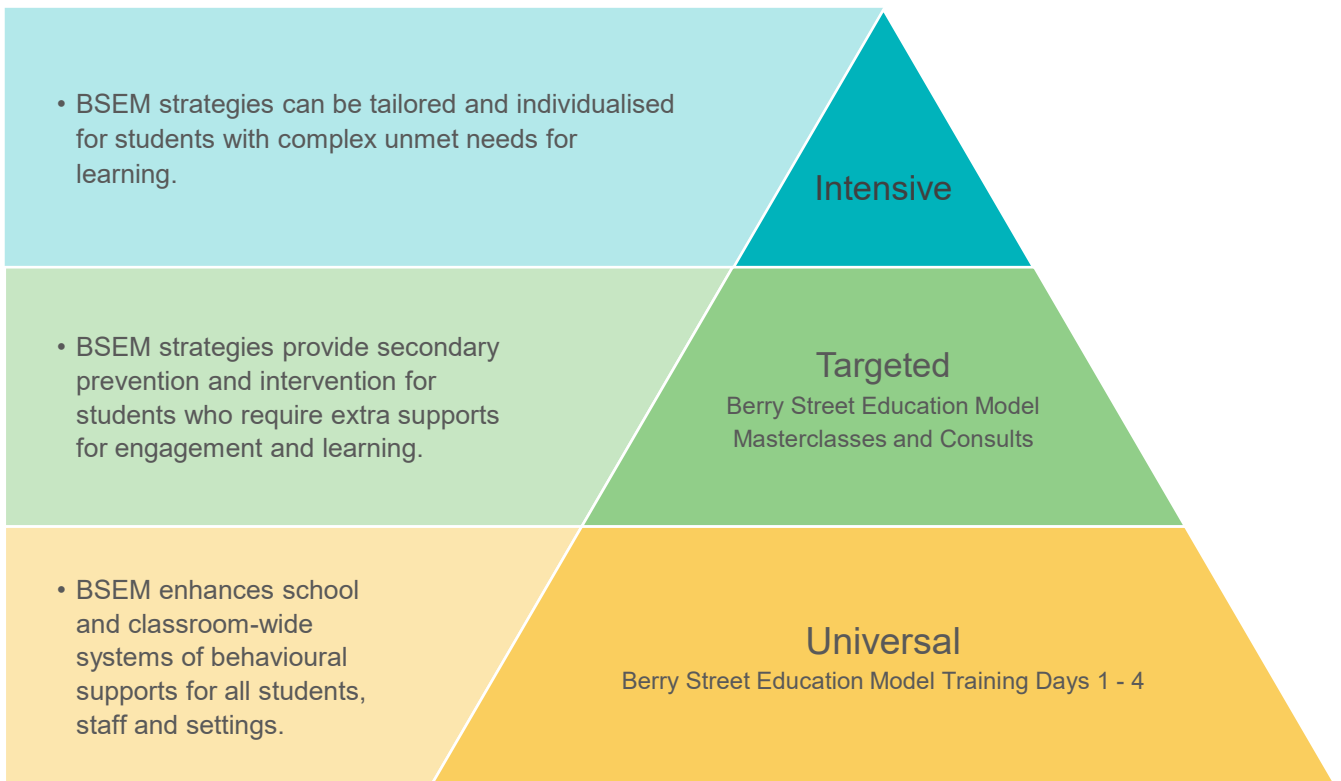
More than 35,000 Australian educators have already undertaken the program. Our Model originates from Berry Street's 140-year history of supporting vulnerable children to thrive.

This unique approach equips both mainstream and specialist schools with strategies to facilitate students' cognitive and behaviour change, thereby increasing student engagement to significantly progress their academic achievement.

The Berry Street Education Model is offered as a suite of structured professional development, consultation and mentoring programs for school leaders, teachers and support staff. The program employs a blended learning methodology based on instructor expertise, peer-collaboration and opportunities for participants to learn and experience practical strategies for their schools. Support between sessions, including the option for individual conferencing or other consultation, is provided by facilitators.



If you're interested in learning more about the Berry Street Education Model, we run regular, free information sessions in person and online. Visit [bsem.org.au](https://bsem.org.au) for dates



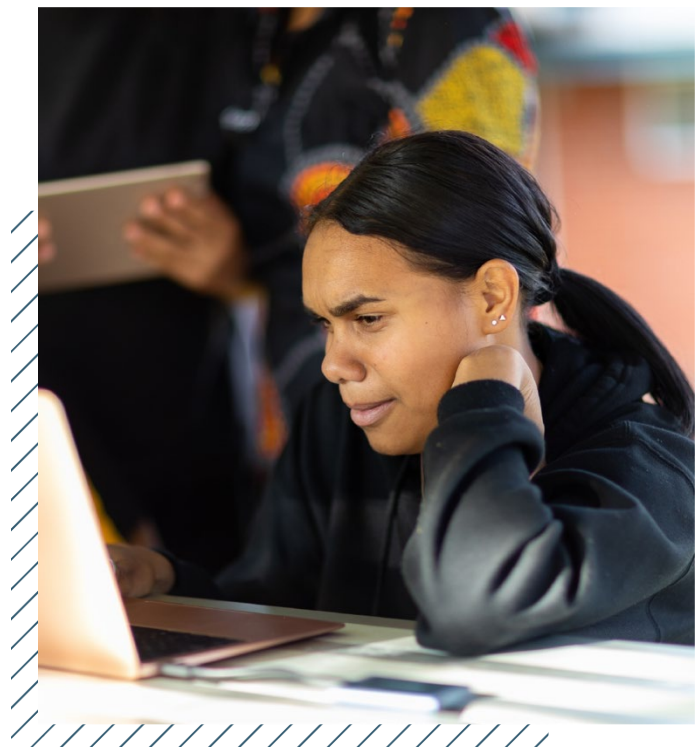
### Proven outcomes of increased engagement and academic success

Alumni of the program report that students' connection, engagement and learning are all significantly improved once BSEM strategies are applied in their classrooms.

Formal evaluation of the pilot program by the University of Melbourne affirms the positive impact of the program on student wellbeing, behaviour and engagement.

*“AusVELs data at the pilot schools suggest that BSEM contributed to more than two years learning in one academic year.”*

The Berry Street Education Model has supported significant academic growth for many students with complex unmet needs in the classroom. The Model is used by teachers at the Berry Street School where students average 1.8 years learning in one year.



# Five building blocks to achieve academic and personal growth



The five domains of the Berry Street Education Model correspond with child-development capacities that each student must build in order to be 'ready to learn'. When considering how to best meet the needs of students, we focus on building self-regulatory ability, relational capacity and then nurture willingness to engage in learning.

When teachers create a proactive, pre-emptive, strengths-based classroom, students learn better.

Attend our BSEM *four-day course* to learn classroom and whole-school strategies that have been developed by educators for educators.

We also offer comprehensive *whole-school training programs* tailored to the specific needs of your school community. Get in touch to discuss your needs.

Upon commencing our *four-day course*, you will be invited to join our online Alumni community. This provides access to tools and resources to assist you with the implementation of the Model, as well as priority access to our Masterclasses.

Visit [bsem.org.au](https://bsem.org.au) for more information



## Body

Building students' capacity by increasing physical regulation of the stress response, de-escalation and focus.



## Relationship

Nurturing on-task learning through relational classroom management strategies.



## Engagement

Motivating students with strategies that increase their willingness to learn.



## Stamina

Creating a culture of academic persistence by nurturing resilience, emotional intelligence and a growth mindset.



## Character

Harnessing a values and character strengths approach to instil students' self-knowledge for future pathways.