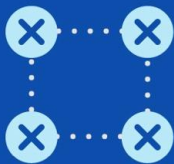


Trauma Informed Practice

Eastern Fleurieu R-12 School

Research indicates that all students benefit from a trauma informed approach. This is why Eastern Fleurieu School is committed to being recognised as a Trauma Aware School.

The strategies below are implemented in every classroom at every site across our multi campus R-12 school, supporting positive education and wellbeing for students and staff.



Welcome Circle

Students participate in a welcome circle each morning. The welcome circle promotes positive connection between students and peers as well as students and staff, ensures that every student hears their name in a positive way, incorporates a positive primer and laughter, and provides a consistent, predictable routine.



Ready to Learn Scale

Every classroom has a Ready to Learn scale. Teachers refer to the Ready to Learn scale to support students to identify their readiness to engage in learning activities. Students who are not ready to learn are supported with individual strategies.



Brain Breaks

Brain breaks are student-centred short regulatory activities that help to ready the brain for learning. Teachers use Brain Breaks strategically during lessons to provide opportunities for students to maximise their levels of engagement. *BSEM Domain books + Brain Breaks book 1 & Brain Breaks book 2



Ready to Learn Plan

Every student has their own Ready to Learn Plan. Teachers provide opportunities for students to experience a range of Ready to Learn activities and students then identify what works for them on their Ready to Learn Plan. *BSEM Domain 1: Body, page 24



Unconditional Positive Regard

Unconditional positive regard provides an environment in which students feel valued, cared for and supported. It separates the student from the behaviour and provides more opportunity for growth. *BSEM Domain 2: Relationships, page 16

Creating a safe, enjoyable learning environment for all.