

It is our experience that every parent wants to do the best for their child, and the child-parent bond is powerful and enduring.

Through programs like SafeCare, parents can learn the skills they need to parent effectively and to stay safely together with their children.



For more information

E. safecare@berrystreet.org.au
W. berrystreet.org.au/safecare
or scan the QR code >>



Berry Street respectfully acknowledges the traditional custodians of the lands, skies and waterways of Australia.



Berry Street is committed to the principles of social justice. We support LGBTIQ+ communities and celebrates diversity.

Models are used in our images to protect the identities of the children, young people and families we work with.



Believing In
Children,
Young People,
Families &
Their Future.



SafeCare

Evidence-based
parenting program



About SafeCare

SafeCare is an evidence-based, early intervention program that supports parents with children aged 0 to 5 in their own homes.

The goals of SafeCare are to:

- strengthen parents' capabilities and skills
- increase positive parent-child interaction
- improve home safety
- improve how parents care for their children's health
- reduce child protection reports (reduction of harm) and future incidents of child maltreatment
- keep families together and prevent children from entering care.

How it works

SafeCare training is delivered over 18 to 20 sessions. A Berry Street SafeCare trainer works one-on-one with parents in their own home, ensuring that the program is personalised and convenient for the family.

Families are guided through the three SafeCare modules:

1. **Health:** how to provide adequate physical care, and when and how to care for a sick child at home, see a doctor and seek emergency help.
2. **Home Safety:** how to create physical safety in the home (ensuring it's hygienic, free from hazards, and so on) and the importance of supervising children.
3. **Parent-child interaction:** how to build connection, affection and loving relationship expression through play and engaging in positive, bonding experiences.



The evidence base

SafeCare has over 40 years of evidence in reducing and preventing child maltreatment and enhancing the safety and wellbeing of children. The program has been extensively studied and there is a significant body of research supporting its effectiveness.

Who is eligible?

The free program is available to families with a child aged 0-5 who reside in:

- South East Victoria – Noble Park to Gippsland
- Northeast Metro – Darebin, Whittlesea, Yarra, Banyule and Nillumbik LGA's.

We welcome referrals from all child, family, community, health, and education services. Self-referrals are also welcome from parents and foster and kinship carers.