

Understanding a child's relational health

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We've used the term child to refer to all infants, children and young people under 18 years old. The term Aboriginal is used to describe all Aboriginal and Torres Strait Islander people.

57,000 children aged 0-17



lived in out-of-home care during 2020-21.

(Australian Institute of Health and Welfare 2022. Child protection Australia 2020–21, Table 2.2. Cat. no. CWS 87. Canberra: AIHW.)

Who is this guide for?

This guide is written for professionals working with children whose development and day-to-day functioning has been significantly impacted by abuse, family violence, neglect and other adverse experiences. These professionals may include case managers, clinicians, therapists, case planners and those in direct caregiving roles including teachers and other educators.